

Faculty

Carol Huegel, PT, HPCS

Carol is a PT graduate from the University of Florida. She has an NDT and vestibular rehab background and has incorporated hippotherapy in treatment with patients of all ages from toddlers to 80's, with varied diagnoses. Carol attended her first PATH, Intl Workshop in 1982. She co-founded two not for profit organizations, most recently GREAAAT! – Gainesville Riding through Equine Assisted Activities and Therapy. Carol has served as a clinical instructor for physical therapy and assisted students from a variety of programs around the country. She is a PATH, Intl Registered Therapist and Riding Instructor and a Hippotherapy Clinical Specialist. She is a past AHA Board Member and is the current Chair of the American Hippotherapy Certification Board. Speaker Disclosure: Financial: Carol Huegel is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Carol Huegel is a member of the AHA, Inc.

Lesley Lautenschlager, MS, OTR, HPCS

Lesley has been involved in the equine assisted activity field since 1984. She earned her Master of Science degree from University of Indianapolis and has been incorporating the use of the horse as a therapeutic tool since 1989. Lesley was responsible for incorporating the special needs riders into the Hamilton County 4-H Horse and Pony project which successfully completed its first year in 1999. She has served on the Indiana Governor's Council for Infants and Toddlers, Board of Directors for the Agape Therapeutic Riding Center, Indiana Equine Assisted Program Committee and on the Board of Directors for AHA, Inc. Lesley has practiced in the areas of industrial rehabilitation, upper extremity rehab, pediatrics with focus on sensory integration and in the acute care setting. She started two private clinics incorporating hippotherapy and has consulted several therapists in the process of starting their own clinics. Speaker Disclosure: Financial: Lesley Lautenschlager is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Lesley Lautenschlager is a member of the AHA, Inc.

Course Location



Three Gaits, Inc.

Physical farm address: 3741 Highway
138 W, Stoughton, WI 53589
Three Gaits office (608)877-9086

Travel Information

We recommend NOT using google to find Three Gaits. It has a tendency to route people incorrectly. There is a somewhat confusing item regarding Hwy 138 in Stoughton. It is possible to turn onto Hwy 138 from two different places on Main Street/Hwy 51 in Stoughton. Unfortunately only one will take you to Three Gaits. So, always use "Hwy 138 to Oregon" from Hwy 51 (this is on the north side of Stoughton-north of Walmart). Do not take "Hwy 138 to Cooksville" (this is south of the Stoughton Inn). If you have been on Hwy 138 for more than 3 miles with no sight of the red barns and white house located at 3741 Hwy 138—Three Gaits—you have taken Hwy 138 the wrong direction.

Nearest Airport: Dane County Regional Airport (MSN)

Lodging Information

Sleep Inn, 1120 Park Street, Oregon, WI, 53575, US,
608-291-2323



"AHA, Inc. is an AOTA Approved Provider of continuing education. Provider #: 11414. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs in the Category of Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate."



American Hippotherapy Association, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 2.7 ASHA CEUs
Intermediate level, Professional area

Courses are not pre-approved for continuing education credit(s) unless otherwise indicated

Registration Information.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Part 2. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 180 lbs., you may be excused from any mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

The criteria for satisfactory completion of this course are: (1) documented attendance for the entire course, (2) learners' demonstration of their acquisition of skills through satisfactory completion of interactive practicums and/or active participation in course discussions; and (3) completion of the course evaluation form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). There is no participant substitutions due to the pre-requisite requirement.

The curriculum may be utilized only under conditions set forth by AHA, Inc.



American Hippotherapy Association
Inc.
Presents
**Hippotherapy
Treatment Principles-
Part 2**

**Course Location/Dates:
Three Gaits, Inc
September 6-9, 2019**



Please email or mail registration information to AHA Inc.
mwood@theahainc.org
2537 Research Blvd. Suite 203
Fort Collins, CO 80526

Course Description

This curriculum is the follow up to AHA, Inc. Treatment Principles– Part I, with an emphasis on patient treatment and more advanced equine knowledge necessary for hippotherapy as an equine discipline. Lecture, discussion, collaborative work and actual patient treatment occur over 4 days.

Subjects include: recognizing desirable conformation, soundness, and movement qualities of the therapy horse; training, conditioning and monitoring of the therapy horse; understanding optimization of the therapy horse for a patient treatment; with emphasis on safety principles. Students will learn to identify and convey to the horse handler the necessary skills required to produce quality movement in the hippotherapy horse in patient treatment and understand the need to educate and train staff and/or volunteers who will be working with the therapy horse.

This curriculum is designed to provide and facilitate a problem solving treatment approach, using actual patients currently involved in hippotherapy as part of their physical, occupational or speech therapy treatment plan. Practical applications of the AHA Conceptual Framework, including Dynamic Systems and Motor Learning Principles will be facilitated.

Treatments will be videotaped and reviewed with discussion and instructor feedback to analyze and further advance the learning experience. Content will include information necessary to successfully incorporating equine movement as a treatment tool into therapy practice. The learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

Course Schedule

Day 1

8:00 Introduction
8:30 Horse Movement/Patient Response
9:00 Hippotherapy Conceptual Framework
10:00 Break
10:15 Analysis of the Therapy Horse
11:15 Effects of Good Horse Handling.
12:00 Lunch
12:45 Halter Leading Practicum
1:30 Equipment Options in Leading
2:15 Break
2:30 Safety Rules and Side Walking Protocols.
3:15 Matching Horse to Patient
3:45 Review Patient Videos/Descriptions
4:30 Equipment Options
5:15 Wrap up

Day 2

8:30 Questions/Review
9:30 Dynamic Assessment
10:00 Break
10:15 Demo of Lunging/Long Lining
10:45 Long Lining Practicum-Horseless
11:15 Develop Treatment Plans
12:15 Lunch
1:00 Patient Observations practicum (non-treating therapists)
2:15 Break
2:30 Patient Observations practicum (non-treating therapists)

4:00 Video review
5:30 Wrap up

Day 3

8:30 Questions/Review
8:45 Long Lining Practicum
10:00 Long Lining/Leading –Evaluation Practicum
10:45 Break
11:00 Horse Training and Performance
11:45 Meet to modify treatment plans
12:15 Lunch
1:00 Patients 1,2,3
Documentation (non-treating therapist)
2:15 Break
2:30 Patients 4,5
Documentation (non-treating therapists)
3:45 Discussion/Review of Videos
5:15 Wrap up

Day 4

8:30 Questions/Review
8:45 Billing/Coding/Business issues
10:00 Break
10:15 Standards of Practice and AHCB Certifications
11:15 Lunch
11:45 Evidence Based Practice/Research,
12:15 AHA Resources
1:00 Review Objectives
1:45 Course Evaluations
2:15 End

Learning Outcomes

AT CONCLUSION OF COURSE, STUDENTS WILL BE ABLE TO:

Explain the application of five tenets of the Hippotherapy Conceptual Framework when developing a treatment plan that incorporates equine movement and assessing treatment results towards functional outcomes.

Identify and explain the rationale for five components of treatment planning, implementation and modification with the use of hippotherapy/skilled equine movement in a realistic treatment scenario.

Describe three examples of effective use of skilled equine movement to address identified patient impairments during participation in therapy session practicums.

Describe two treatment criteria to establish when hippotherapy/skilled equine movement is no longer the most effective treatment tool/strategy to achieve established patient goals.

List and describe five components of the AHA, Inc. Best Practice Guidelines that can guide clinical practice when hippotherapy/skilled equine movement is incorporated into the Plan of Care.

Registration Form – Part 2

September 6-9, 2019

Name: _____

Address: _____

City: _____ State: ___ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc.

Please notify the AHA, Inc. office prior to completing this registration of your special needs.

Registration is limited.

Early registration on or before August 16, 2019

_____ \$950.00 for AHA, Inc. Member

_____ \$1,050.00 for Non-AHA, Inc. Member

After August 16, 2019

_____ \$1,050.00 for AHA, Inc. Member

_____ \$1,150 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____