

## Faculty

### **Carol Huegel, PT, HPCS**

Carol is a PT graduate from the University of Florida. She has an NDT and vestibular rehab background, and has incorporated hippotherapy in treatment with patients of all ages from toddlers to 80's with various diagnoses. Carol attended her first PATH, Intl Workshop in 1982. She co-founded two not for profit organizations, most recently GREAAAT! – Gainesville Riding through Equine Assisted Activities and Therapy. Carol served as a clinical instructor for physical therapy and assists students from a variety of programs around the country. She is a PATH Intl Registered Therapist and Riding Instructor and a Hippotherapy Clinical Specialist. She is a past AHA Board Member and the current Chair of the American Hippotherapy Certification Board.



### **Three Gaits, Inc.**

**Mailing address:**  
PO Box 153  
Oregon, WI 53575

**Physical address:**  
3741 State Rd 138  
Stoughton, WI 53589

Phone: (608) 877-9086  
Fax: (608) 873-1929  
3gaits@3gaits.org  
www.3gaits.org

## Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

## Directions/Hotel Information

**Location:** Three Gaits is located approximately 10 miles south of Madison, WI about half way between the small towns of Stoughton and Oregon, WI. We will email you with directions to hotels, Three Gaits and restaurants once we receive your registration. Please let us know if there is further information you would like us to share with you. Also, please notify us if you are interested in sharing expenses with another person.

**Driving/Flying:** The nearest airport is Madison (MSN). If you do fly, you will need to rent a car. Madison is an easily navigable, safe, medium-sized city with many interesting things to do in the evenings. Stoughton and Oregon are smaller with some, but fewer, options for dining out. Three Gaits will not provide transportation between the workshop and hotels.

**Hotels:** In the past people attending the workshop have stayed at many different hotels.

Hotels are available in Stoughton, WI or in Madison, WI

**The curriculum may be utilized only under conditions set forth by AHA, Inc.**

**MAIL COMPLETED FORM TO: THREE GAITS, INC.,**  
**P.O. BOX 153, OREGON, WI 53575**

## Three Gaits, Inc.

Presents

**AHA Inc. Approved**

**Level I**

**Treatment Principles**

**Friday, April 6 – Monday,**

**April 9, 2018**



**Three Gaits, Inc.**

**PO Box 153**

**Oregon, WI 53575**

**(608) 877-9086**

## Level I Treatment Principles

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

## Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes breakfast and lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 180#, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

**Cancellation Policies:** AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$115 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

**Course prerequisite:** Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #/exp: \_\_\_\_\_  
New memberships are accepted. Join today at  
[www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials as listed on course certificate:**

Non-therapists: *Please Circle one:* Riding Instructor /  
Horse handler /Administrator/ Other \_\_\_\_\_  
Special needs-mobility restrictions/diet/etc.

Height \_\_\_\_\_ Weight \_\_\_\_\_

**Early registration on or before Monday, March 5, 2018**

\_\_\_\_\_ \$750 for AHA, Inc. Member/\$875 for Non-AHA,  
Inc. Member

**Registration on or after Thursday, March 29, 2018**

\_\_\_\_\_ \$800 for AHA, Inc. Member/\$925 for Non-AHA,  
Inc. Member

\_\_\_ Check - payable to Three Gaits, Inc.

\_\_\_ Credit Card MC VISA DISCOVER AMEX

Name on card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

Billing address if different from above:  
\_\_\_\_\_  
\_\_\_\_\_